

NESEA 2018

Multifamily Passive House: Controlling Internal Loads

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THE LEVY PARTNERSHIP





Context

Challenge

Strategy



URBANIZATION, DENSITY & ENERGY USE INTENSITY

Multifamily PH and Energy Use Intensity

Urban infill site decreases
greenfield development

Increased urban density and low
EUI are some of the benefits of the
urbanization trend

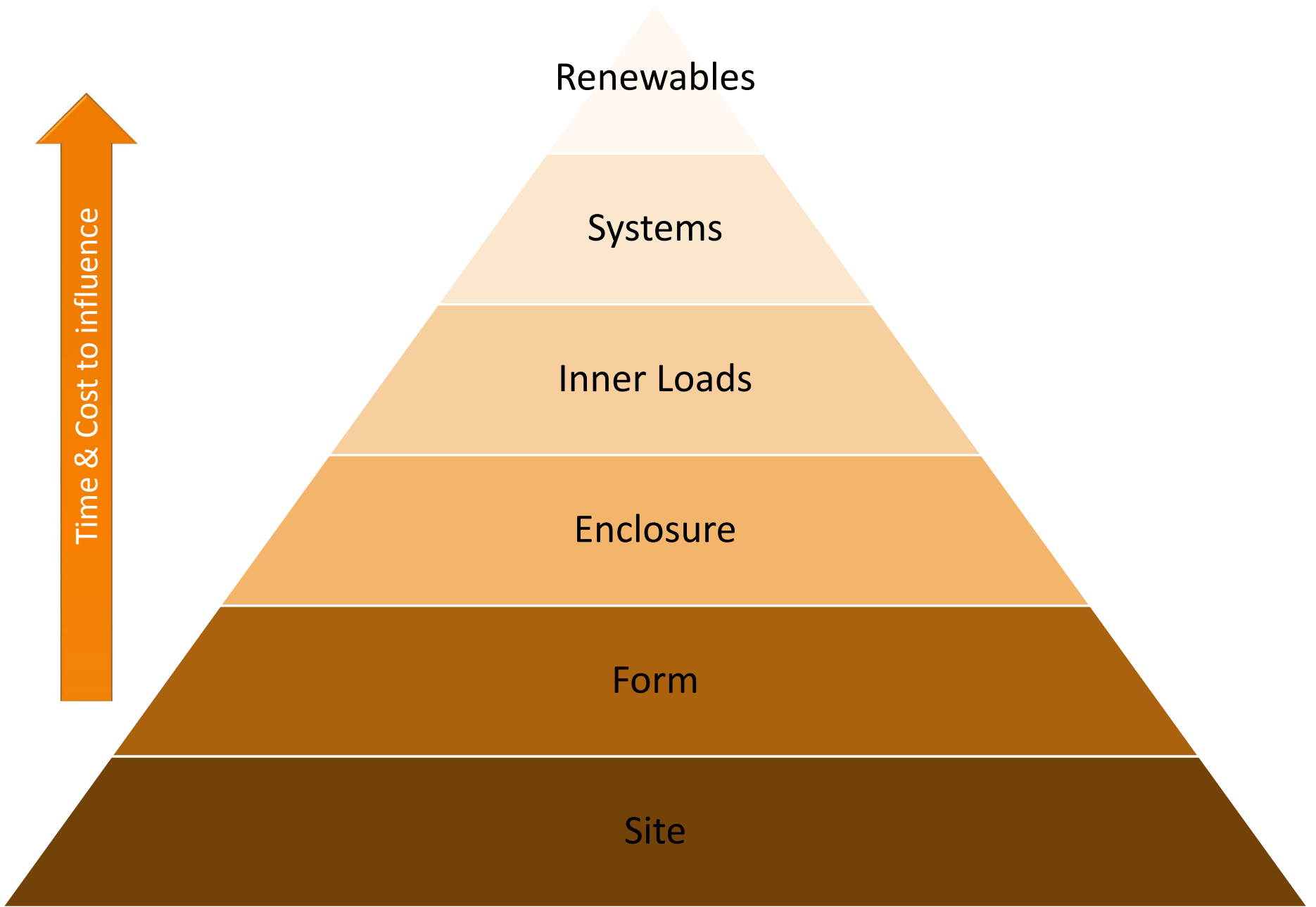
Multifamily PH is an effective
means to reduce EUI

Dense multifamily results in some
added challenges for balancing
heating and cooling loads in
Passive House

*“Energy Use Intensity (EUI) is expressed as **energy** per square foot per year. It's calculated by dividing the **energy** consumed by the building in one year (kBtu or kWh) by the total gross floor area of the building.” (Energy Star, 2017)*

Archetype



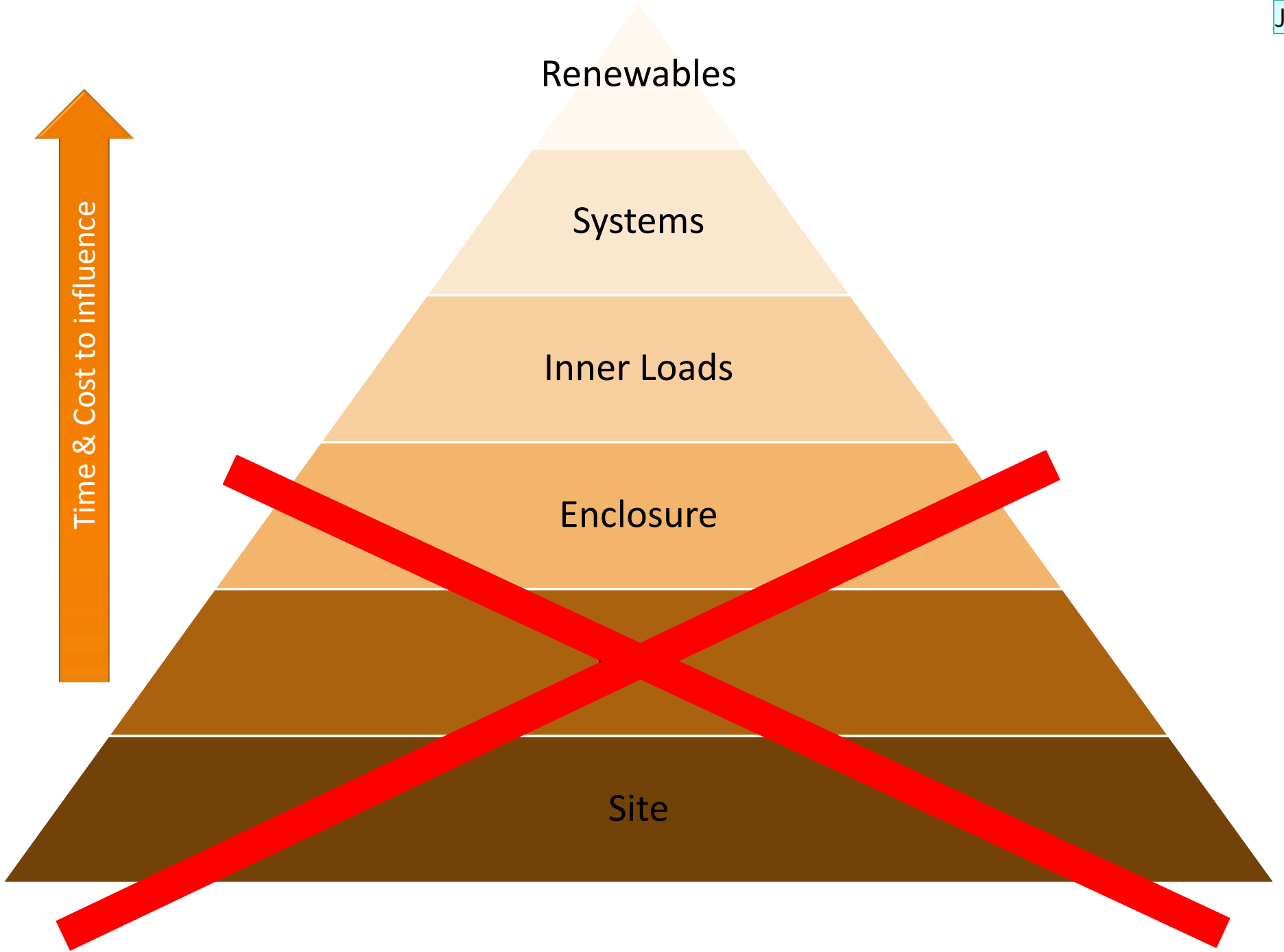








PASSIVE HOUSE SITE CONDITIONS



Slide 11

JD2

animate? Andrew?
Jordan Dentz, 2/28/2018

Manage heating load/demand

Adiabatic site conditions make the heating demand and load easy to meet

...until you start tweaking to meet cooling targets

Approximate Ranges for Case Studies:	
Above grade wall	R 24-30
Roof	R 40-68
Slab	R 0-5.5
Below Grade Wall	R 5-18
Window	0.11 - 0.088 Btu/hr ft ² F
Frame	0.13 - 0.20 Btu/hr ft ² F
Frame to Wall Psi value	0.023 - 0.030
U-window Installed	0.14 - 0.15 Btu/hr ft ² F
Solar Heat Gain Coefficient	0.38 - 0.47
Window to Wall ratio	12-20%

Prerequisites of PH Design

- Air-tight envelope

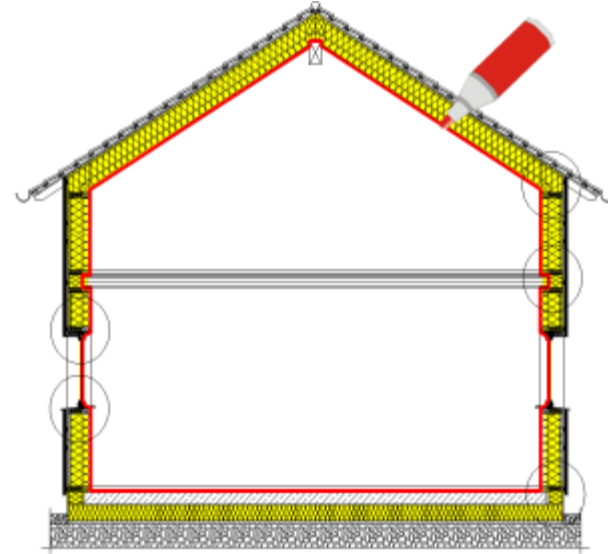


Image source: Passipedia

- Thermal-bridge-free construction

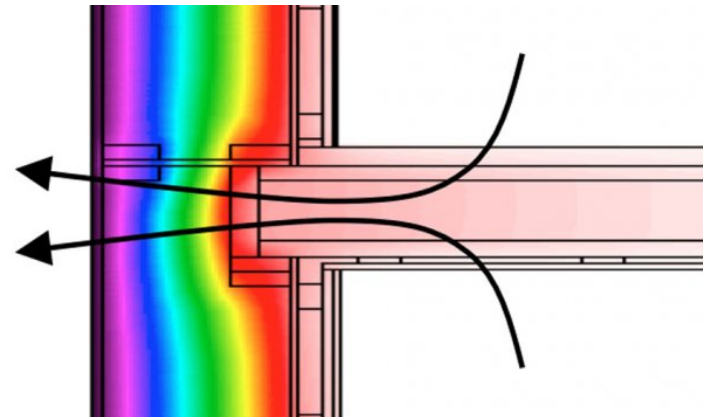


Image source: ecohome

ZK21

Passive House Criteria



Heating Demand
Cooling Demand
Heating Load
Cooling Load

Primary Energy
Air tightness 0.08 CFM/ft²



Heating Load **OR** Heating Demand
Cooling Load **OR** Cooling Demand

Primary Energy
Air tightness 0.6 ACH50

Slide 14

ZK21

Remove slide?

Zoe Kaufman, 3/7/2018

An elephant is shown in profile, balancing on a colorful beach ball (yellow, white, and blue) on a sandy beach. The elephant's trunk is curled, and its legs are positioned to maintain balance. The background features a calm ocean and a blue sky with light clouds.

The Challenge

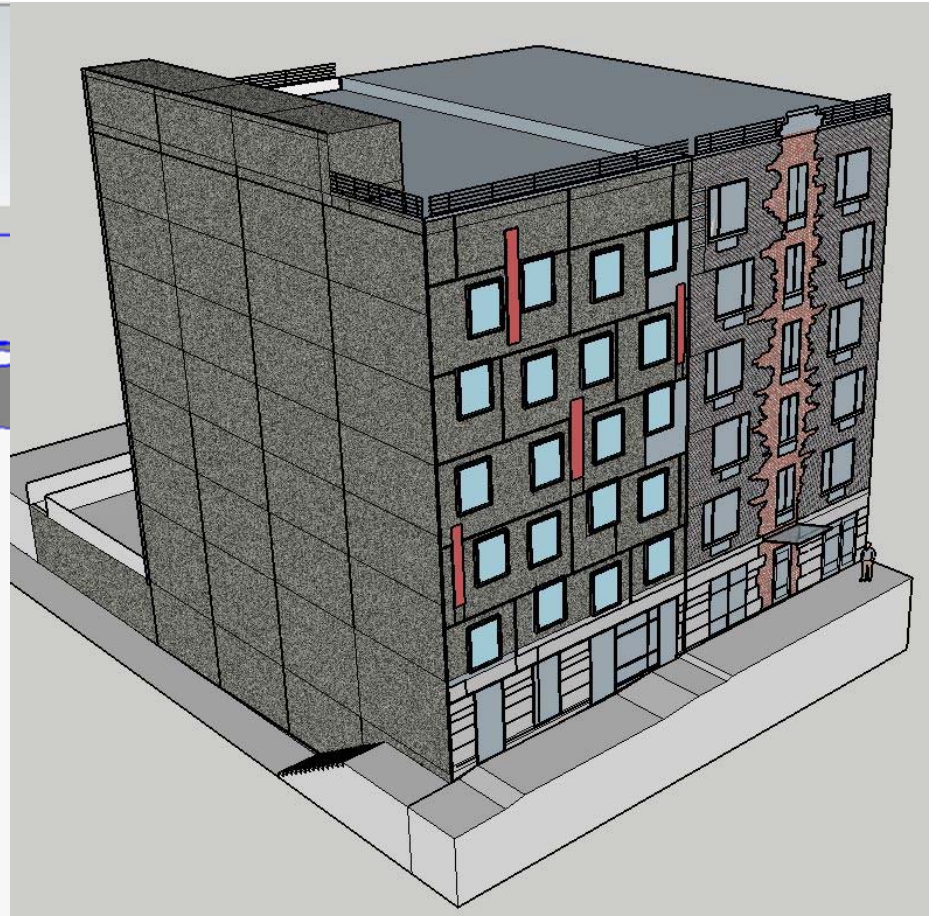
BALANCING HEATING & COOLING DEMAND

Multifamily PH Projects

PHI

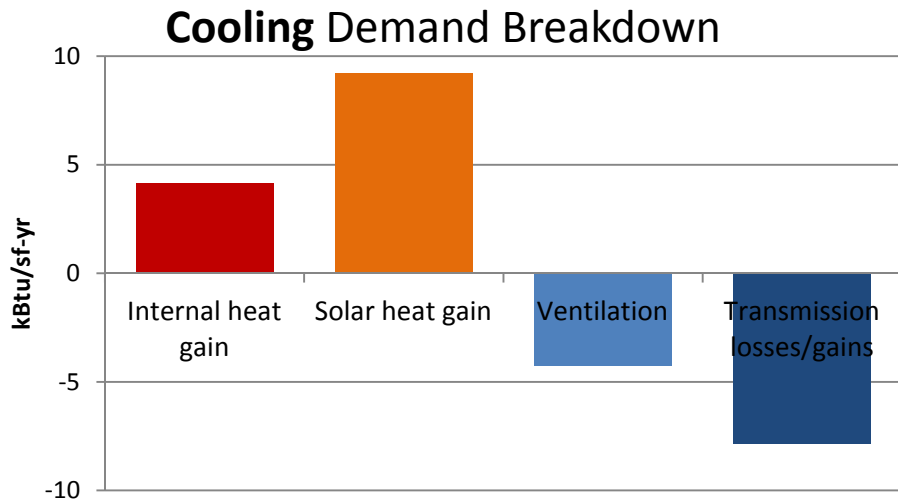
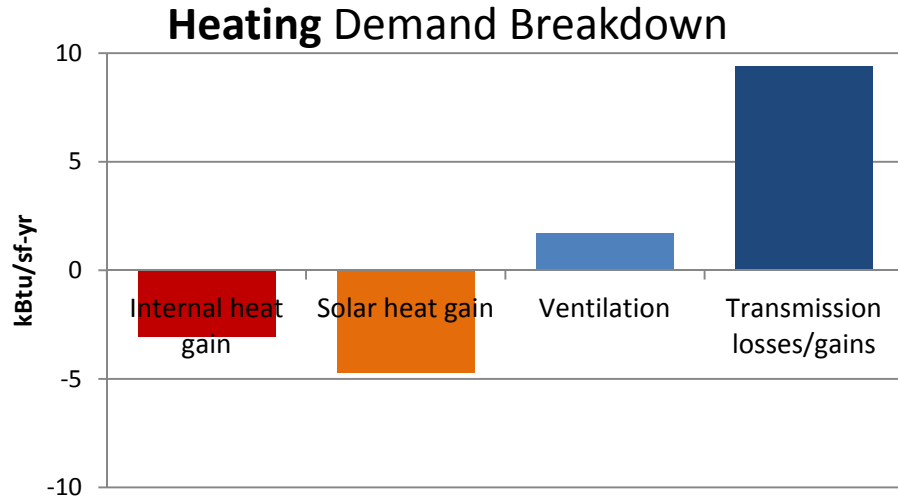


PHIUS

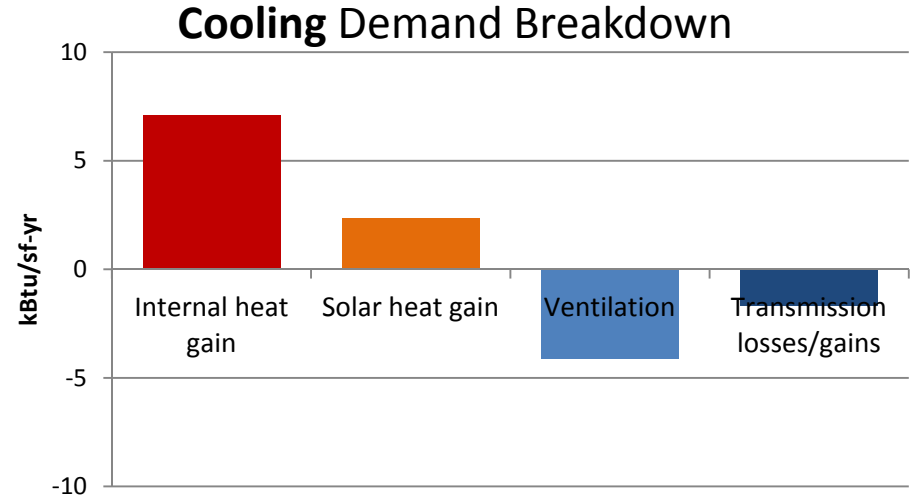
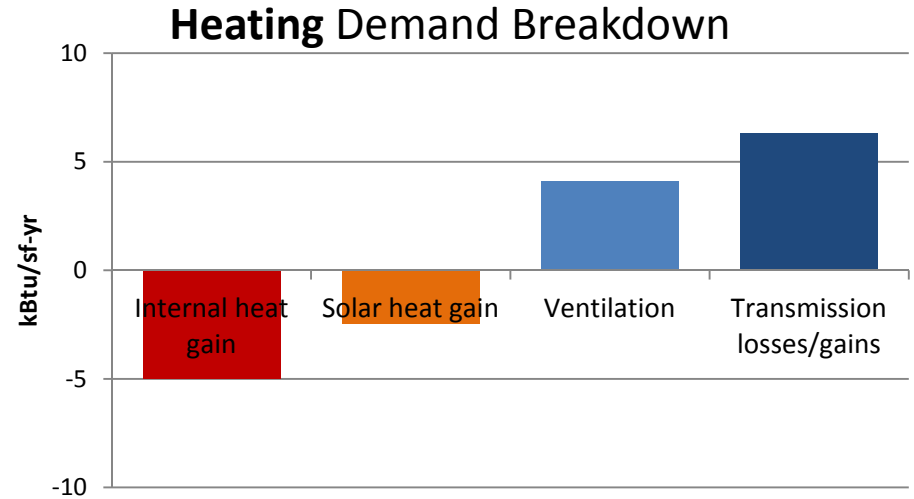


The Role of Internal Gains

Single-Family Passive



Multifamily Passive

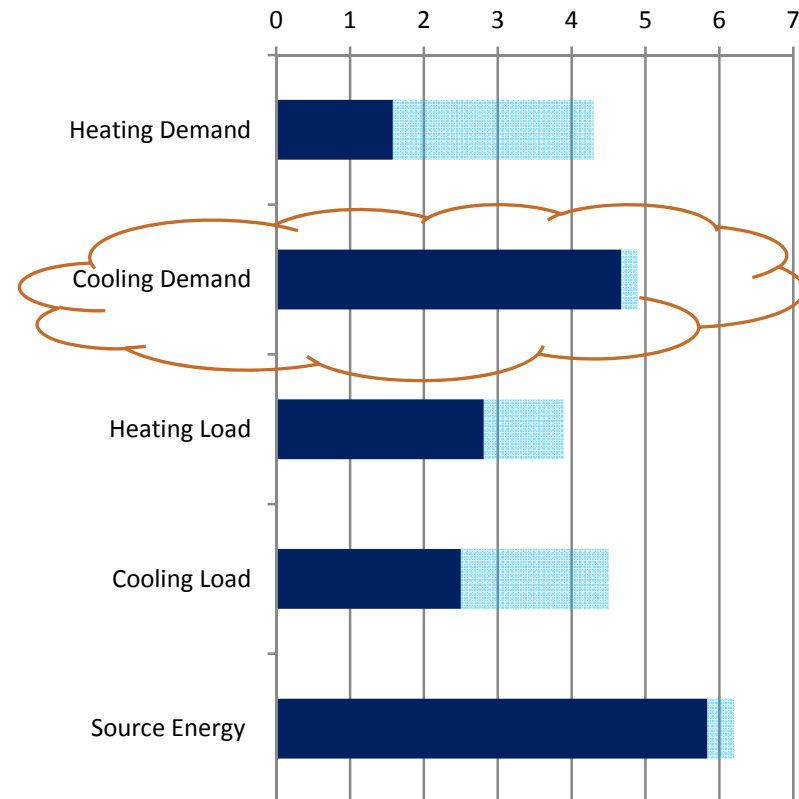


Heating and Cooling Balance: PHIUS Small Building Example

Pre-certified energy model indicates that **cooling demand** is the toughest threshold

- Heating Demand: 4.3 kBtu/ft²yr
- Cooling Demand: 4.9 kBtu/ft²yr*
- Heating Load: 3.9 Btu/hr ft²
- Cooling Load: 4.5 Btu/hr ft²
- Source Energy: 6200 kWh/per/yr

- Modeled Space Conditioning Energy
- ▒ Required Space Conditioning Energy
- Overage of Space Conditioning Energy



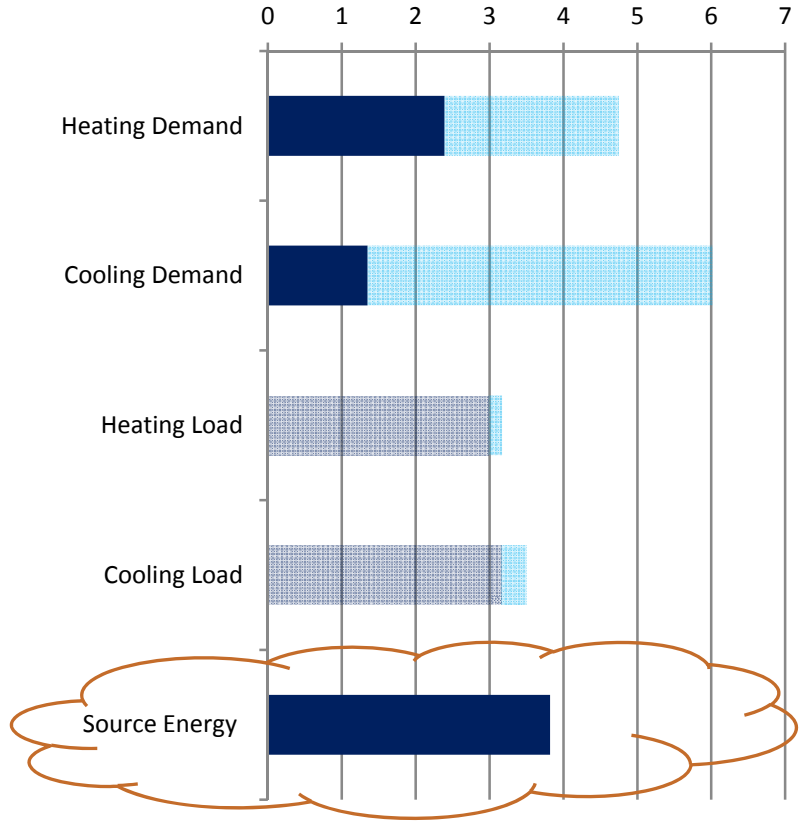
Heating and Cooling Balance: PHI Large Building Example

Energy model indicates that **primary energy** is the toughest threshold

- Heating Demand: 4.75 kBtu/ft²yr
- **OR** Heating Load: 3.17 Btu/hr ft²
- Cooling Demand: 6.02 kBtu/ft²yr
- **OR** Cooling Load: 3.50 Btu/hr ft²
- Source Energy: 38 kBtu/sf-yr*

*Graphed as Btu/sf-yr * 10⁴

- Modeled Space Conditioning Energy
- ▒ Required Space Conditioning Energy
- Overage of Space Conditioning Energy



Manage heat gains through building envelope

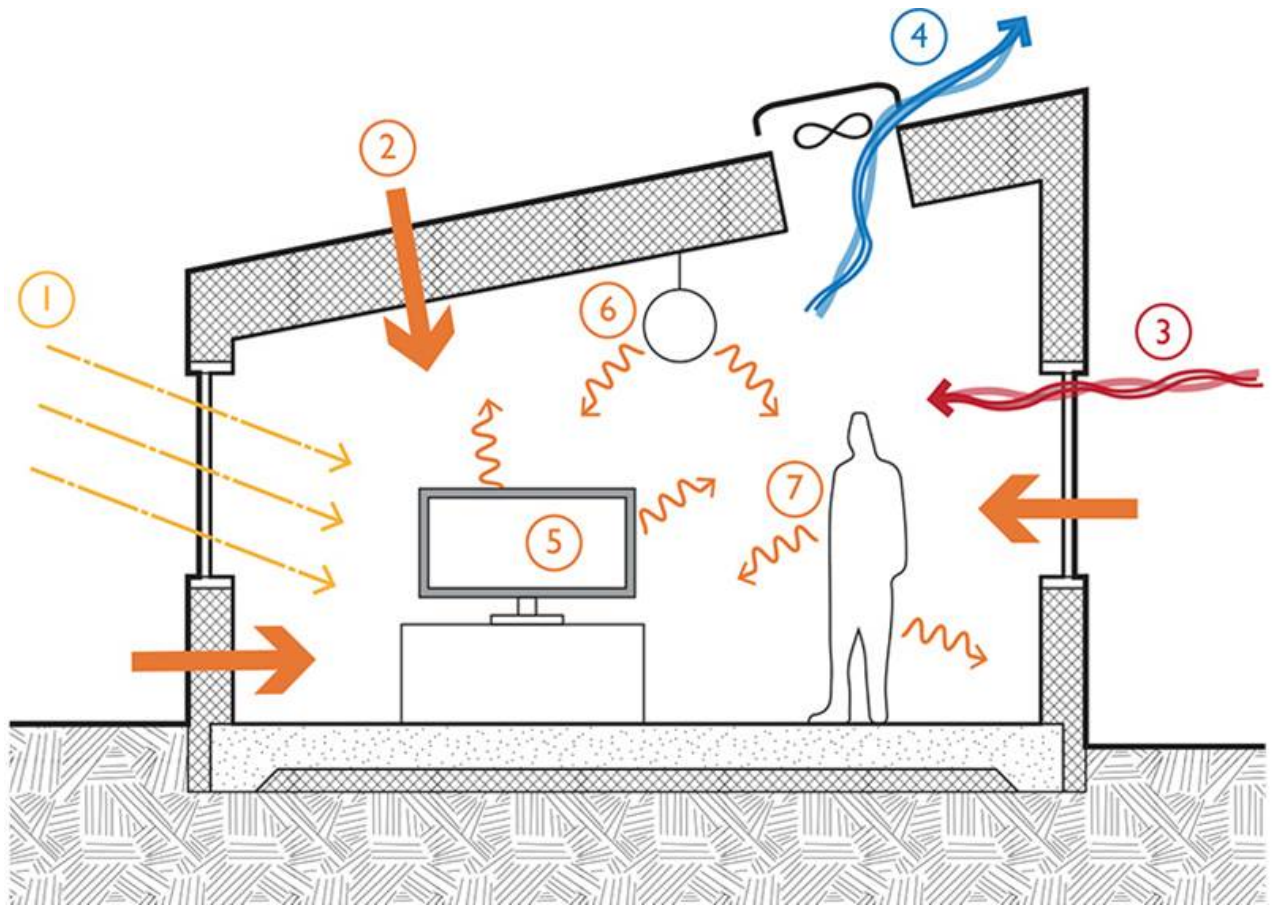
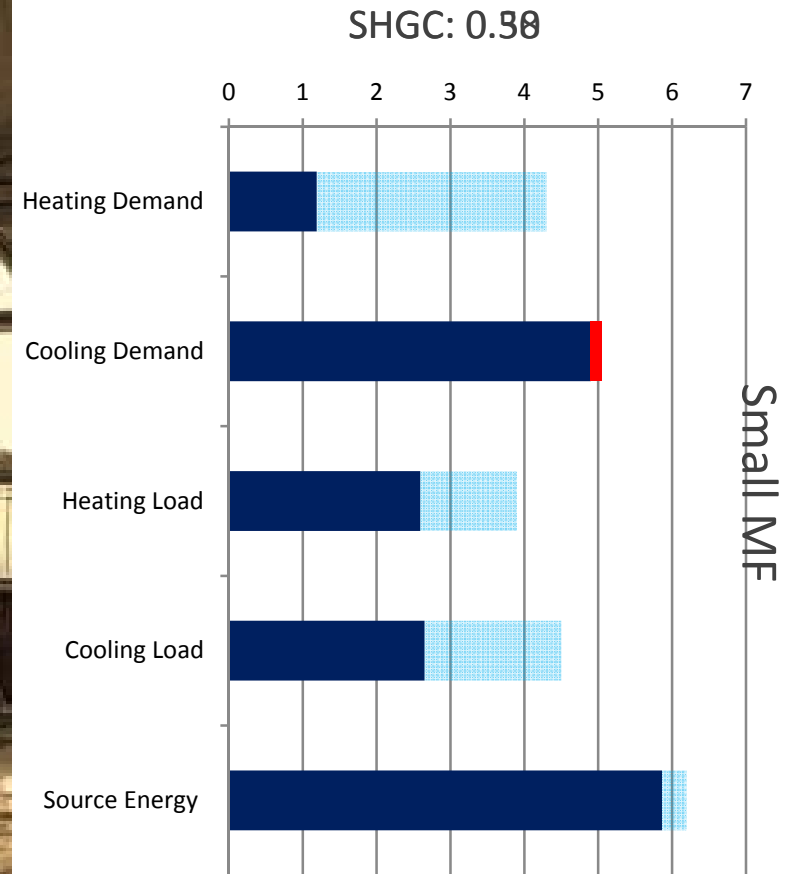
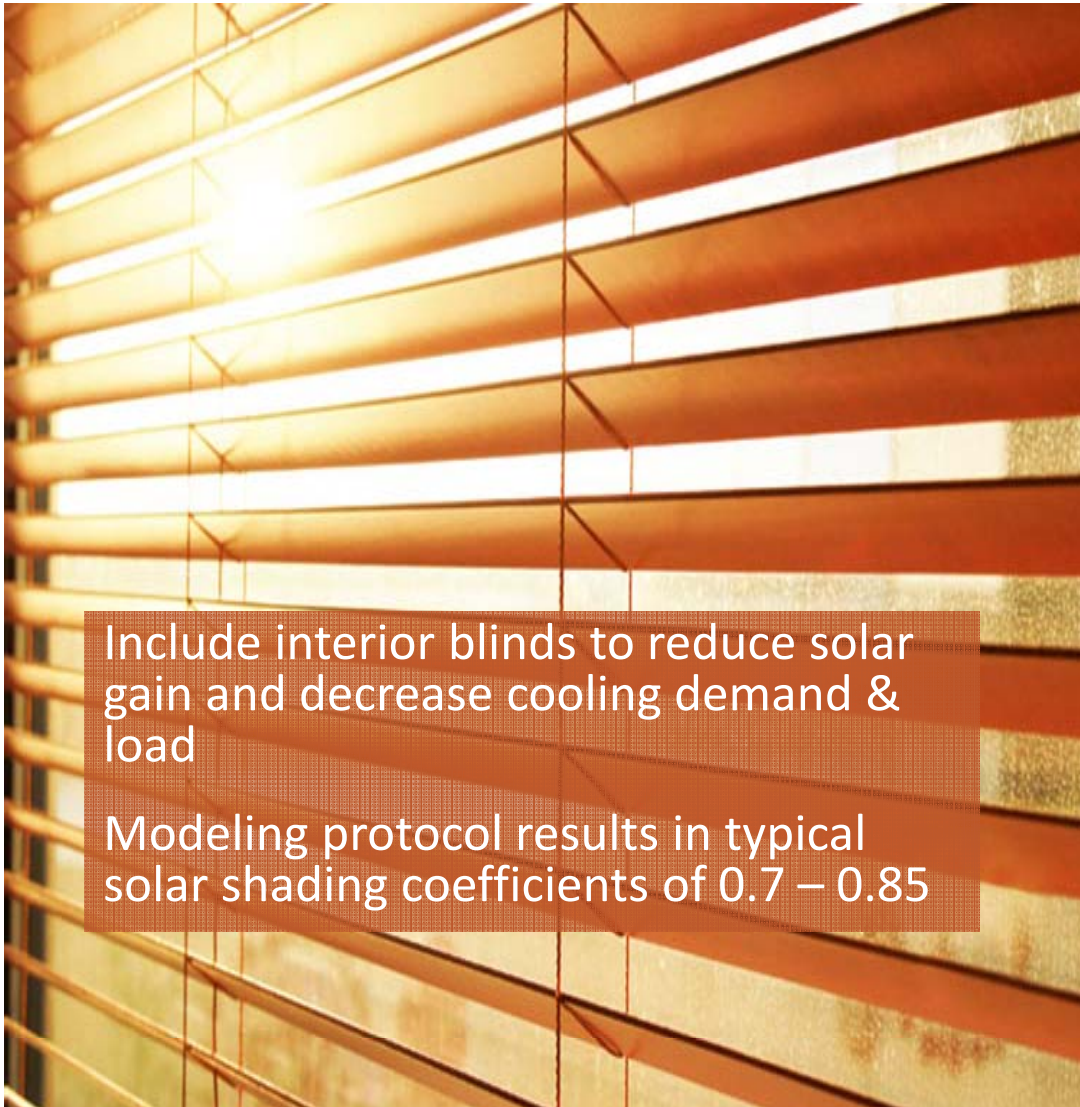


Image source: sefaira

Solar Heat Gain Coefficient

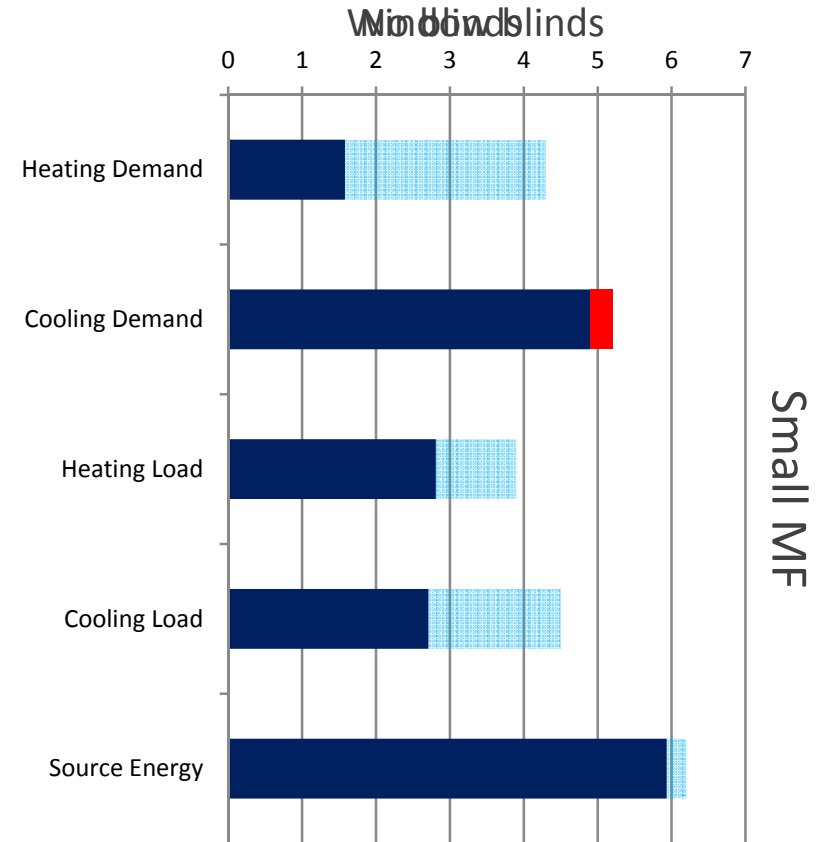


Window Blinds



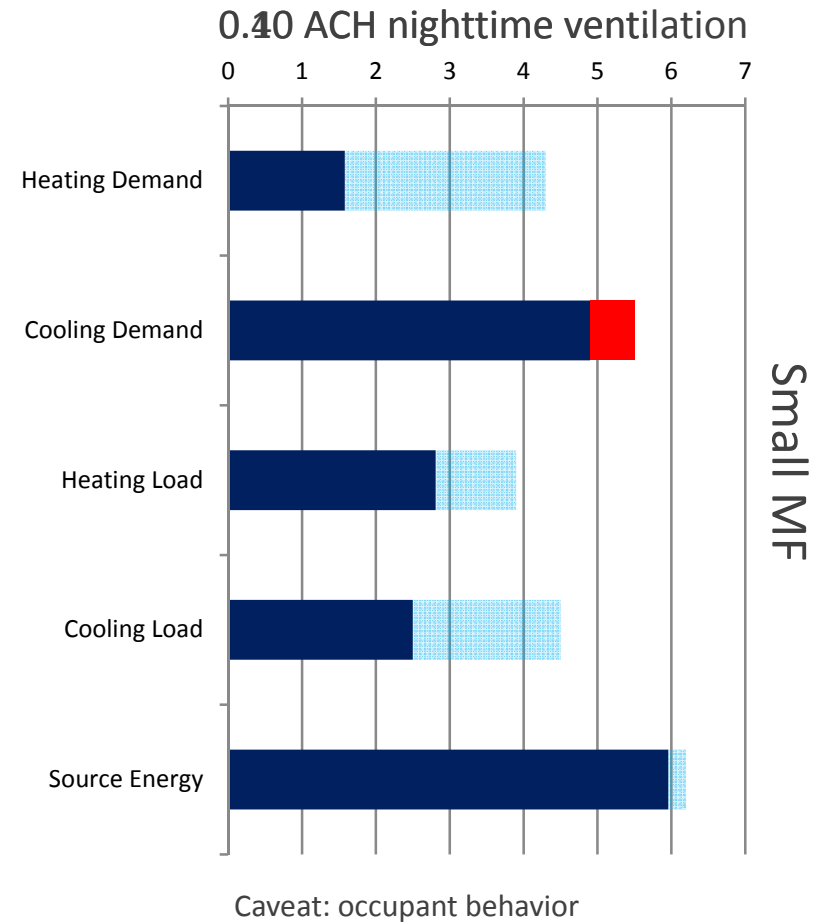
Include interior blinds to reduce solar gain and decrease cooling demand & load

Modeling protocol results in typical solar shading coefficients of 0.7 – 0.85



Nighttime Natural Ventilation

Nighttime natural ventilation through operable windows reduces cooling demand

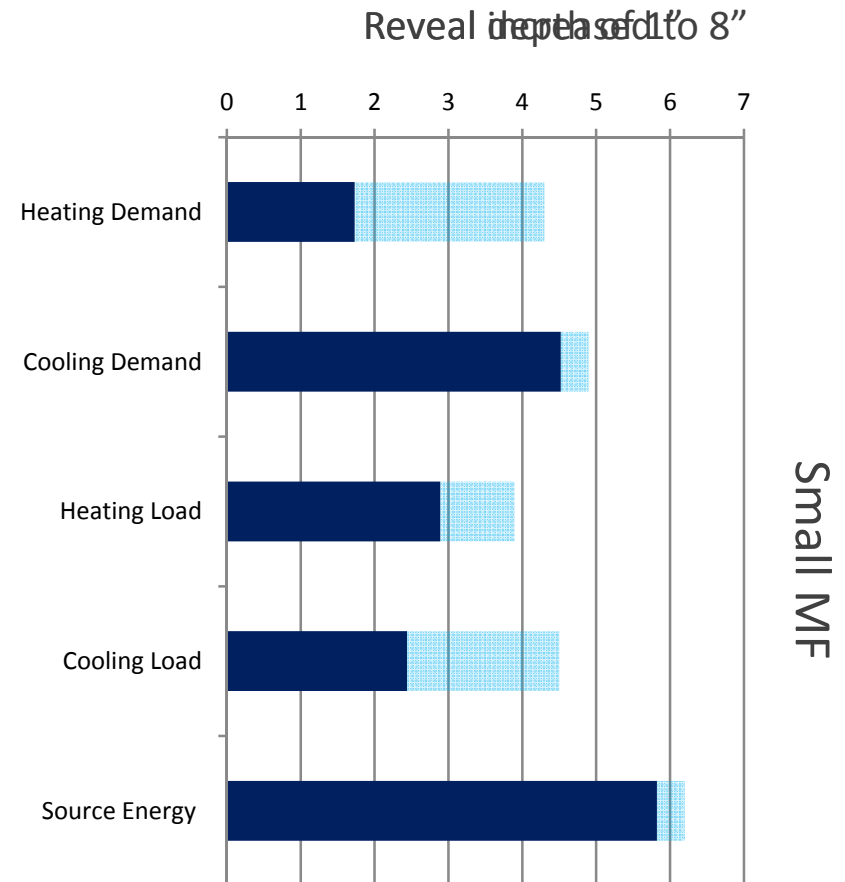
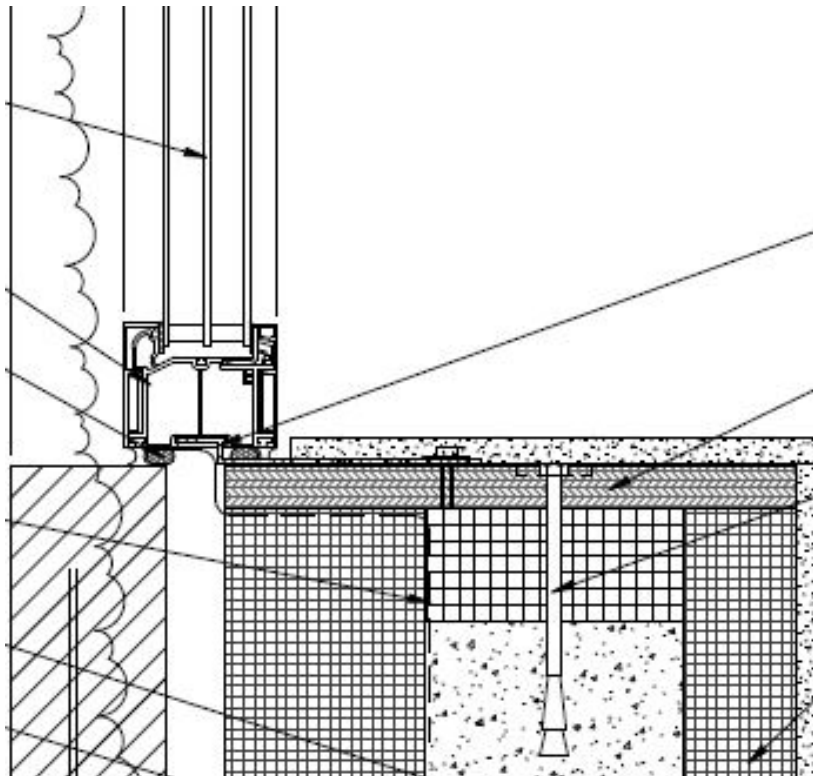


ZK14

Window Reveal Depth

Increased window reveal depth maintains views, daylighting, but reduces solar gain

Subtle but impactful to cooling demand



Caveat: thermal-bridge implications based on wall assembly

Slide 25

ZK14

Remove slide?

Zoe Kaufman, 2/28/2018

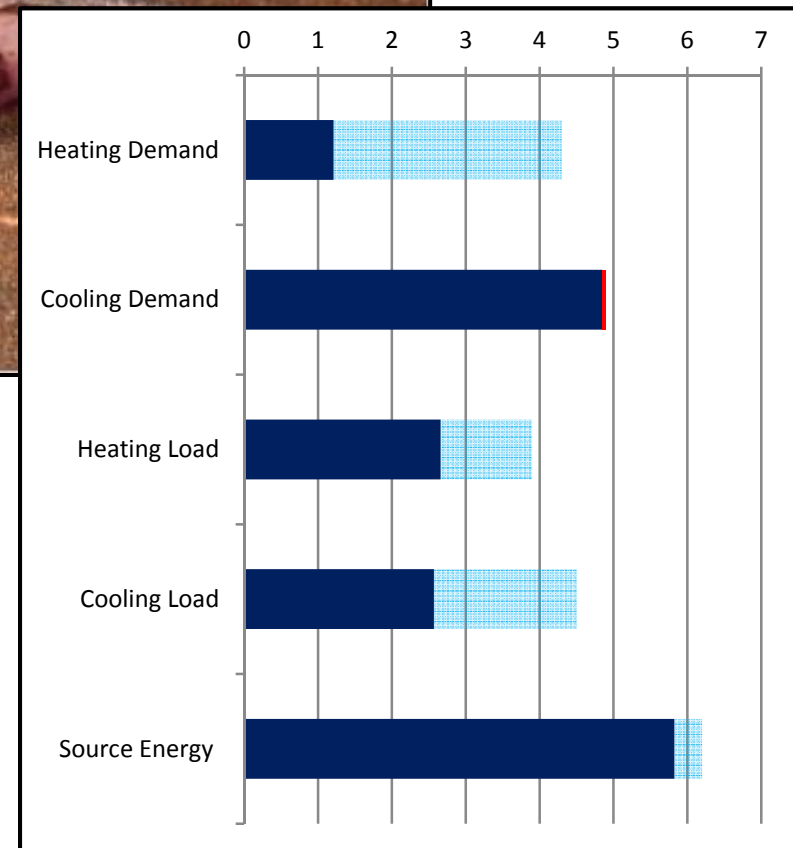
Below-Grade Conditions – Small Bldg



Br-20 slab

What does a multifamily Passive House have in common with a naked mole rat?

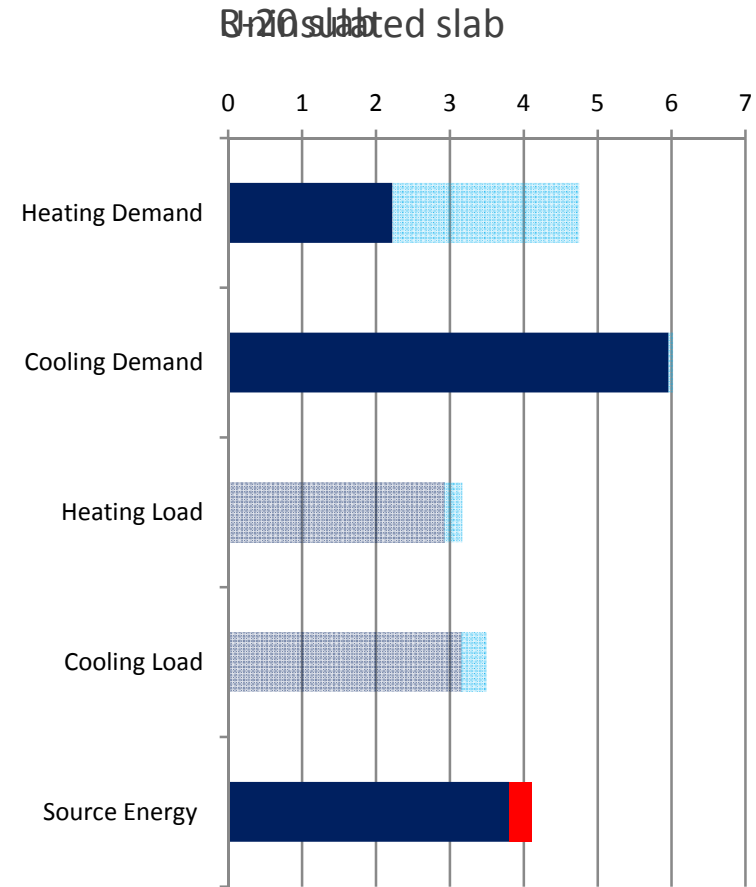
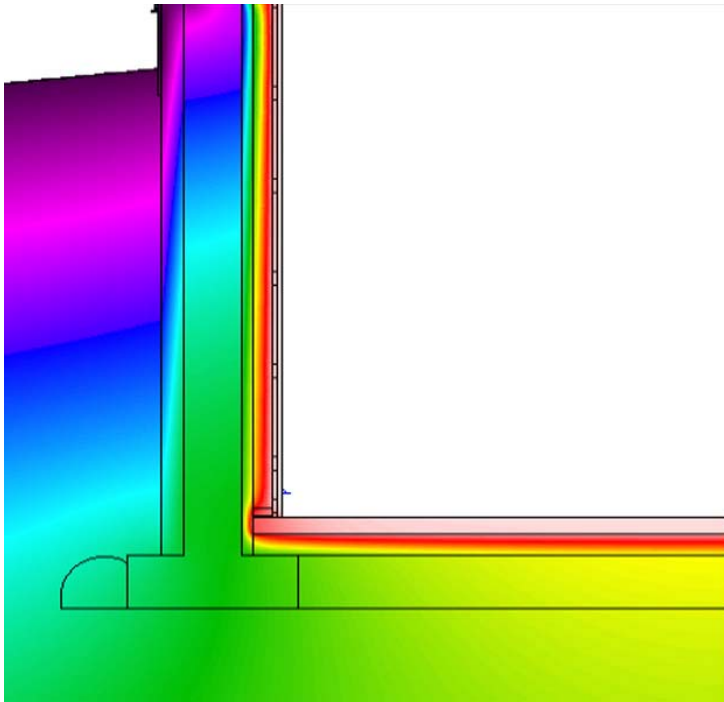
- Reduce below grade insulation, use ground as heat sink in summer, reduce cooling demand
- Reductions in above-grade insulation assemblies have minimal impact on cooling demand
- Below-grade heat sink can benefit both PHIUS and PHI projects



Small MF

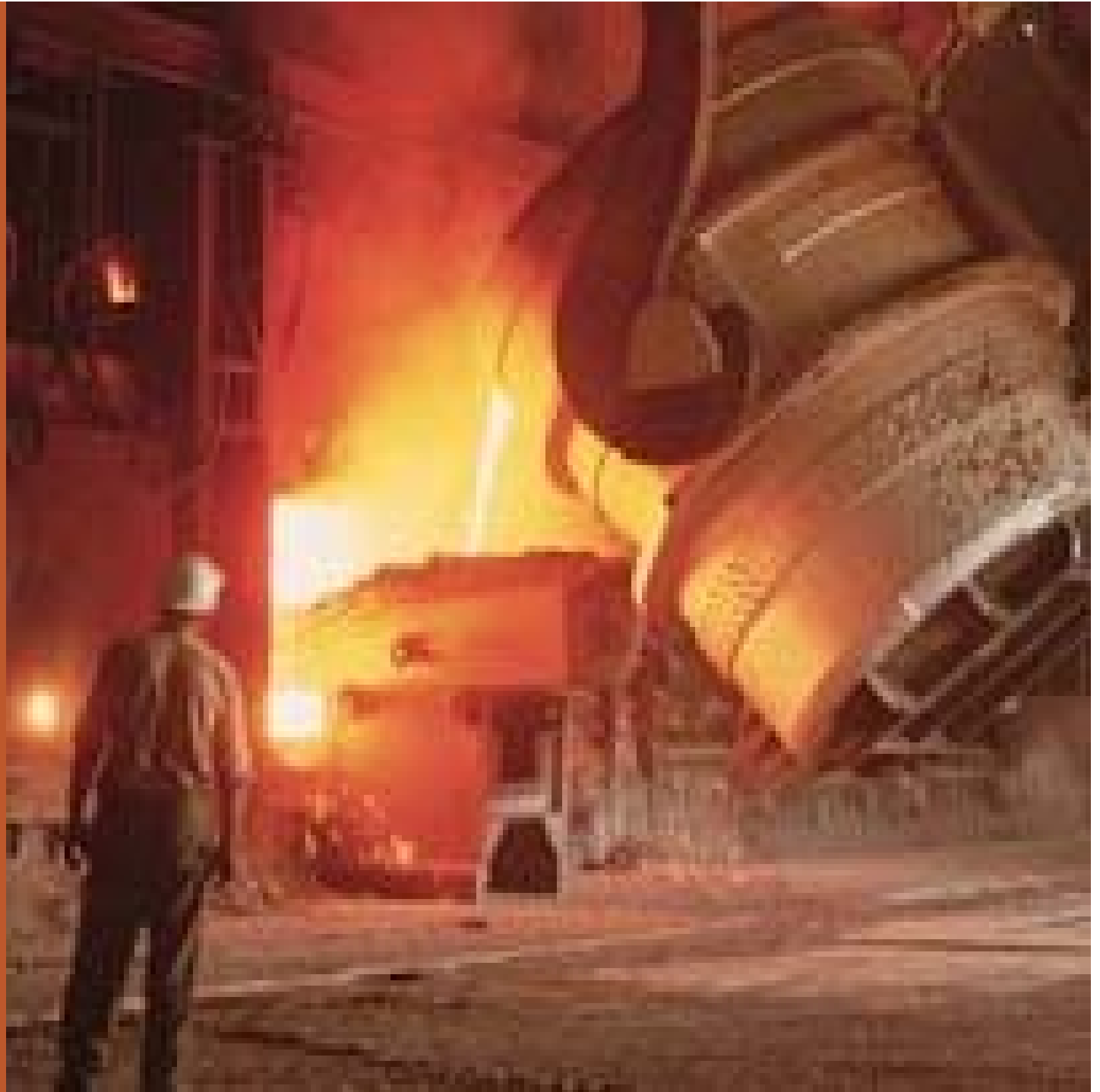
Below-Grade Conditions – Large Bldg

Dissipating heat from excess internal loads



Caveat: zoning and heat flow vs. simulated heat flow

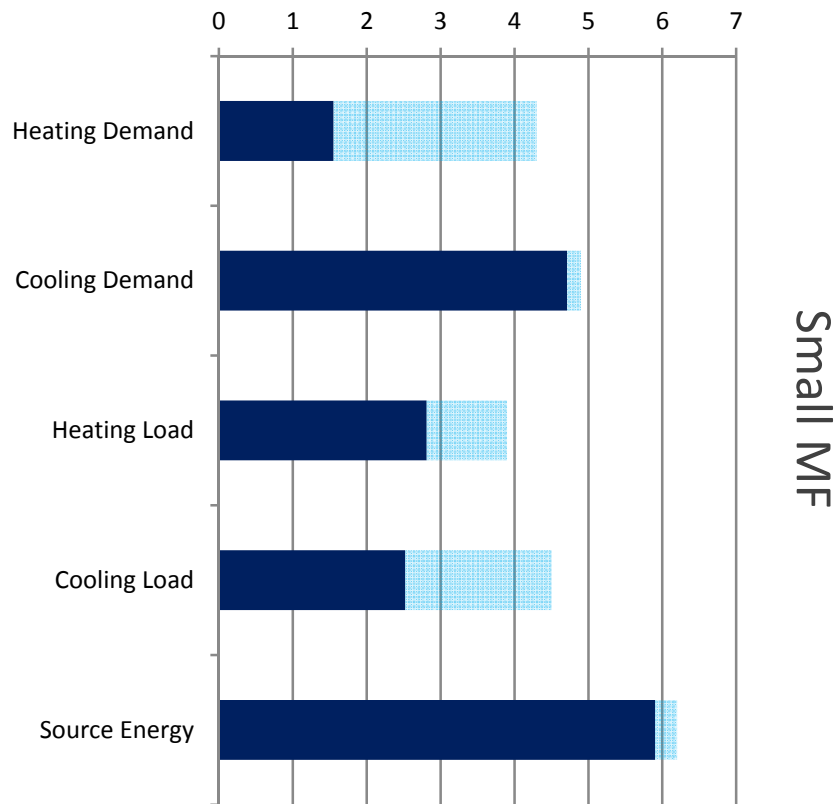
Reduce
interior
equipment
loads



Appliances – Smaller Bldg



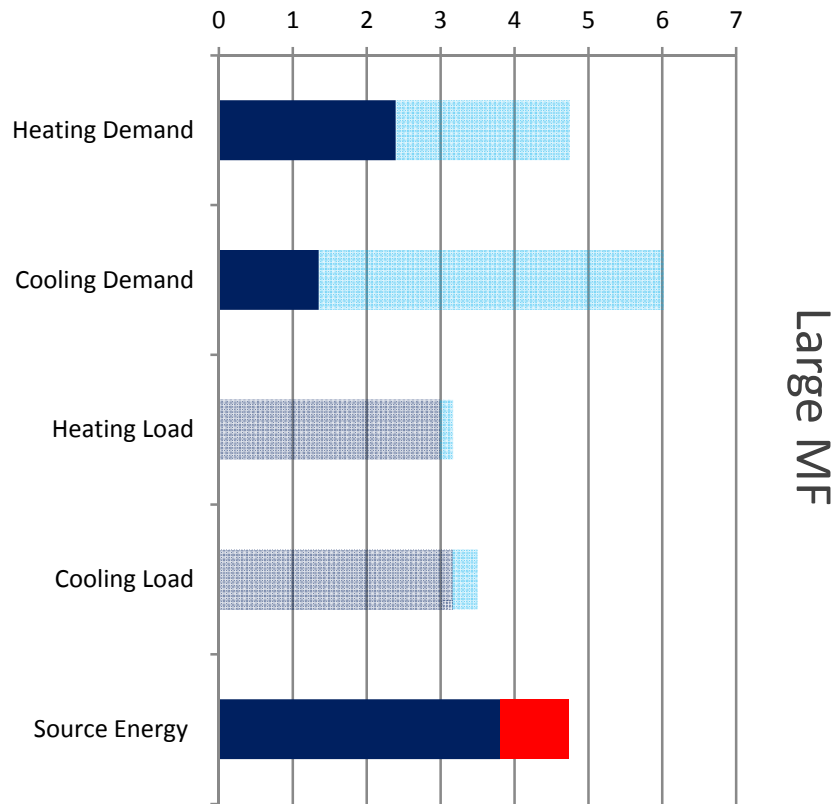
ENERGY STAR vs. federal-minimum-efficiency appliances



Appliances – High-Density Living



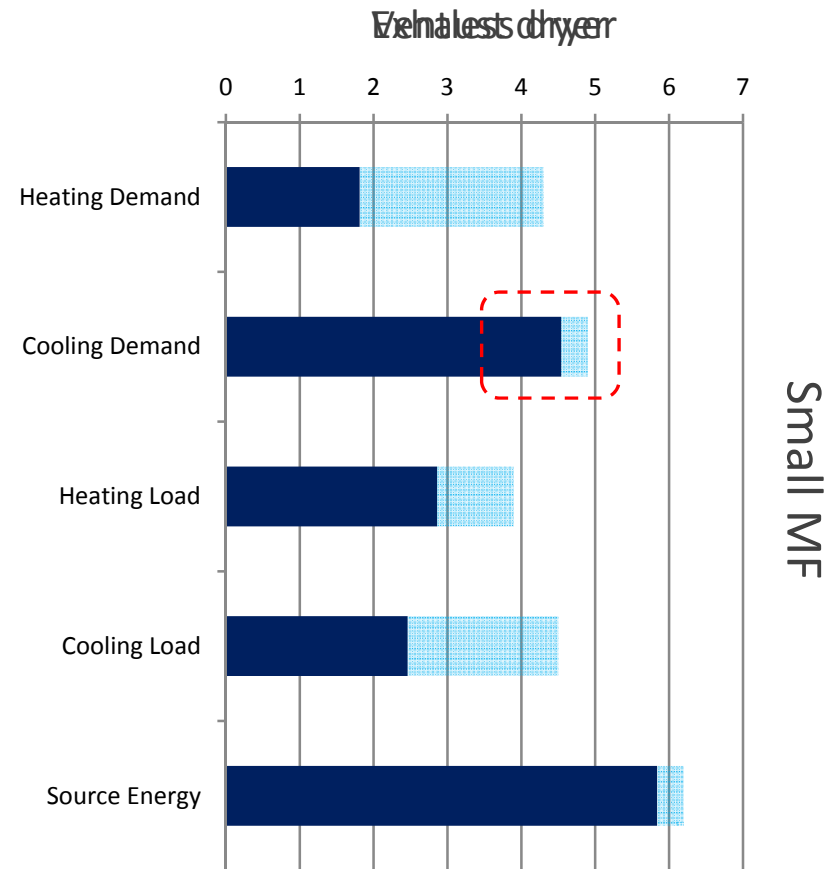
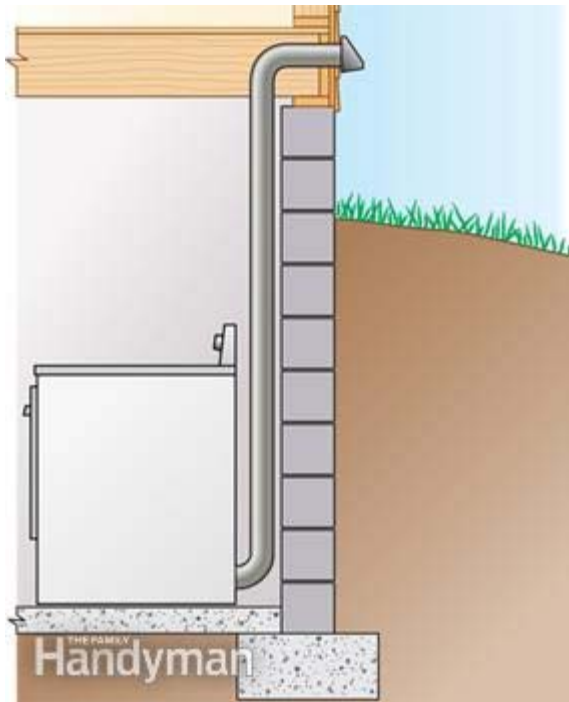
ENERGY STAR vs. federal-minimum-efficiency appliances



Clothes dryers

Exhaust dryers get a bum rap.

They increase heating demand and heating load, BUT they also reduce cooling demand!

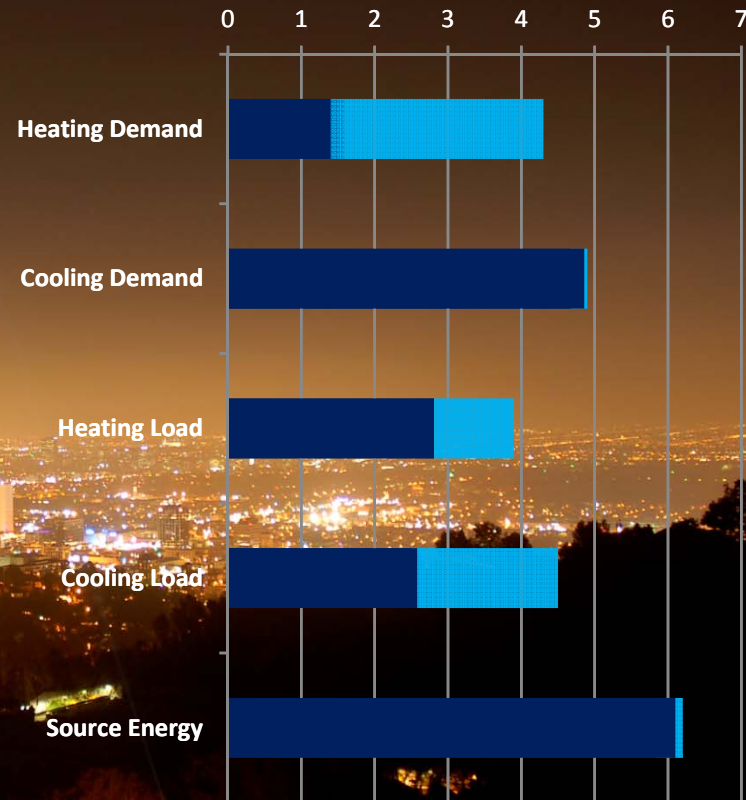


Lighting

Bi-level lighting with occupancy sensors in common spaces reduces internal gains

- Original LPD 0.6 W/ft²
- Target LPD 0.3 W/ft²
- Final LPD 0.39 W/ft²

Relative lighting



Small MF



Elevator

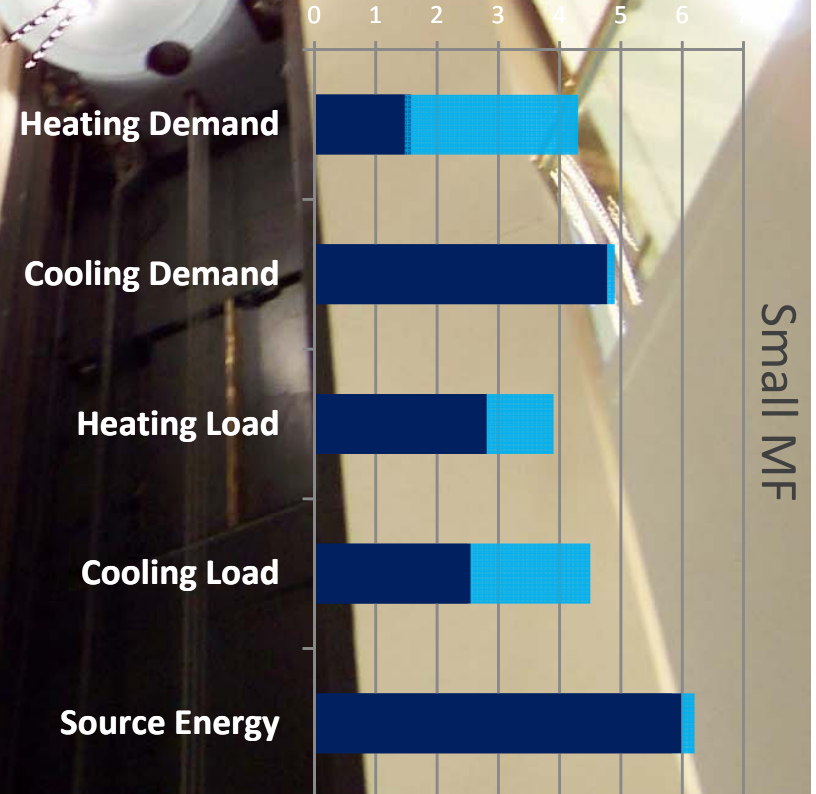
An efficient elevator will reduce internal gains and cooling demand

- LED cab lighting with occupancy sensors
- Auto fan shut off
- Regen Power back elevator drive

Efficient elevator equipment helps with cooling demand and source energy



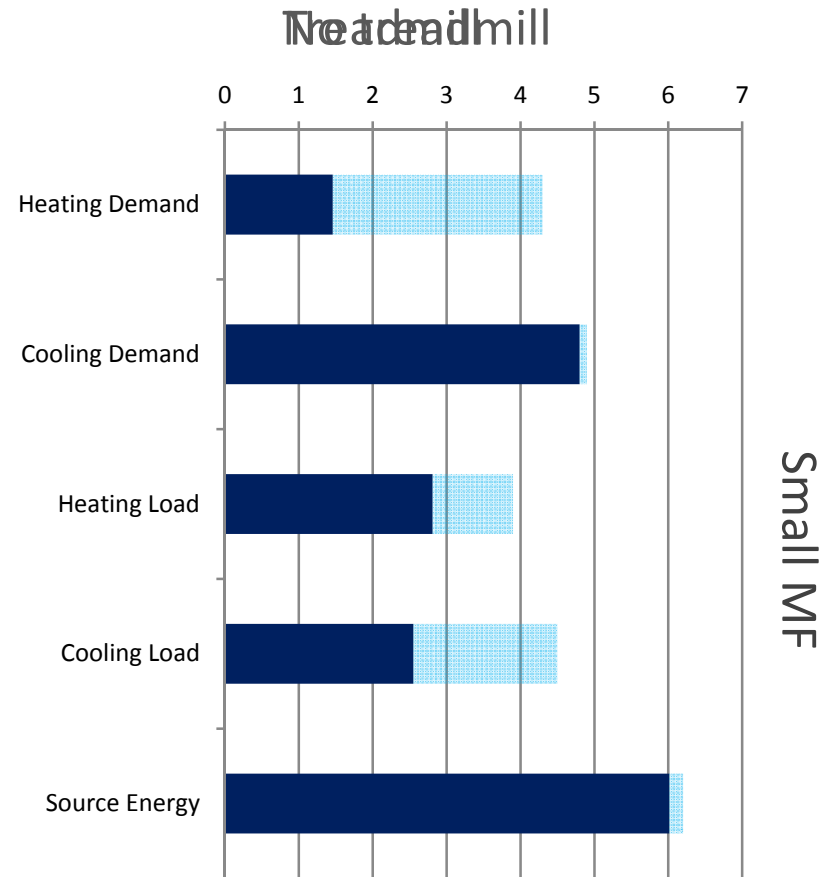
Efficient elevator



Exercise equipment

Self powered exercise equipment (i.e., no treadmills) will reduce miscellaneous electrical loads, internal gains and cooling demand

- Elliptical
- Stationary bike
- Weights

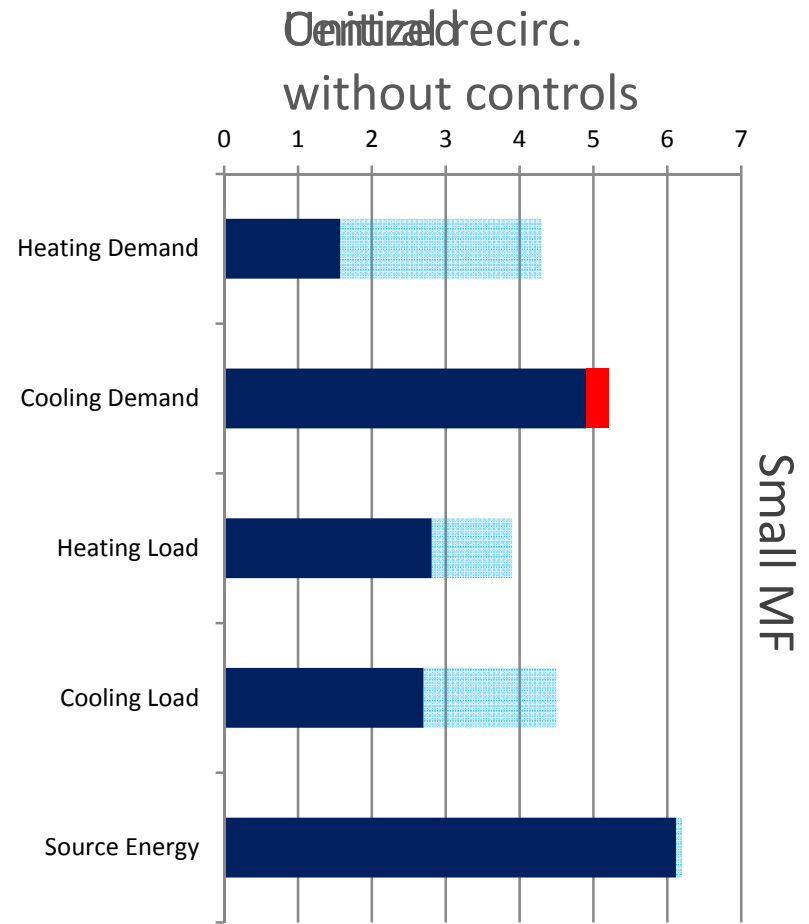
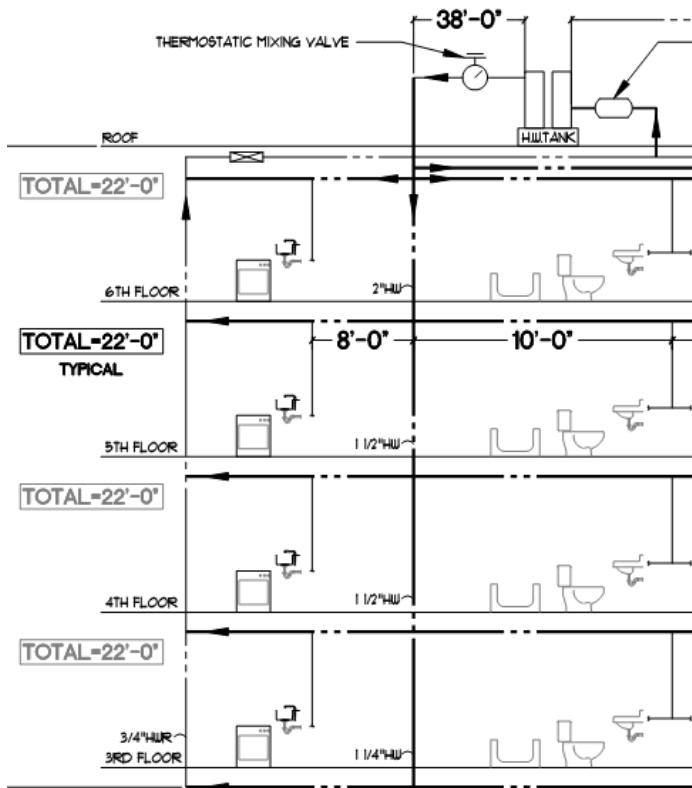


Carefully
design
HVAC
systems



Domestic Hot Water – Small Bldg

Reducing DHW recirculation pipe length will deliver less heat to the building

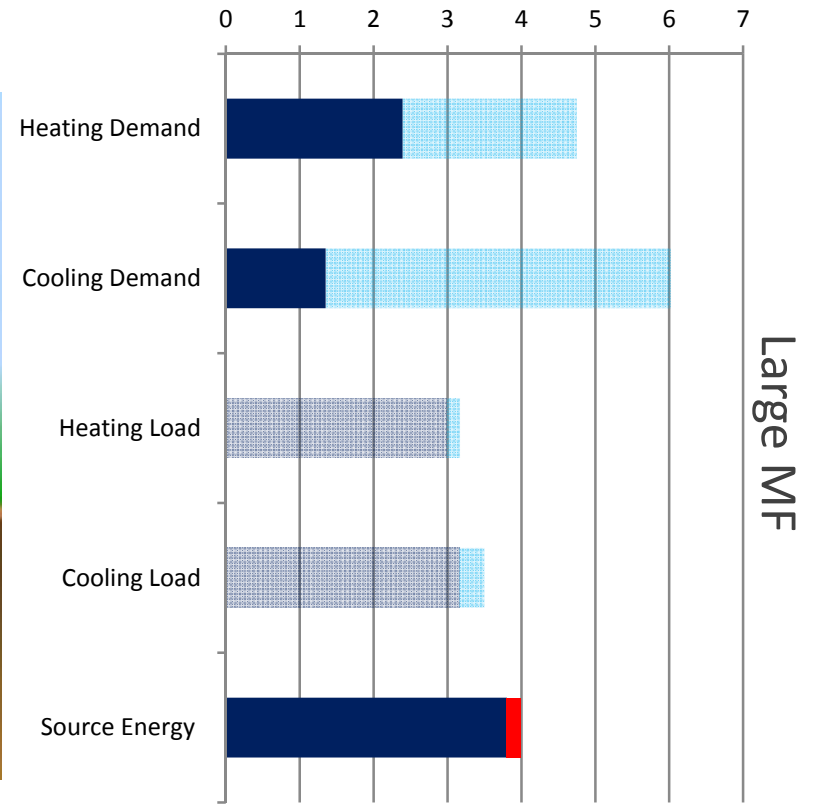
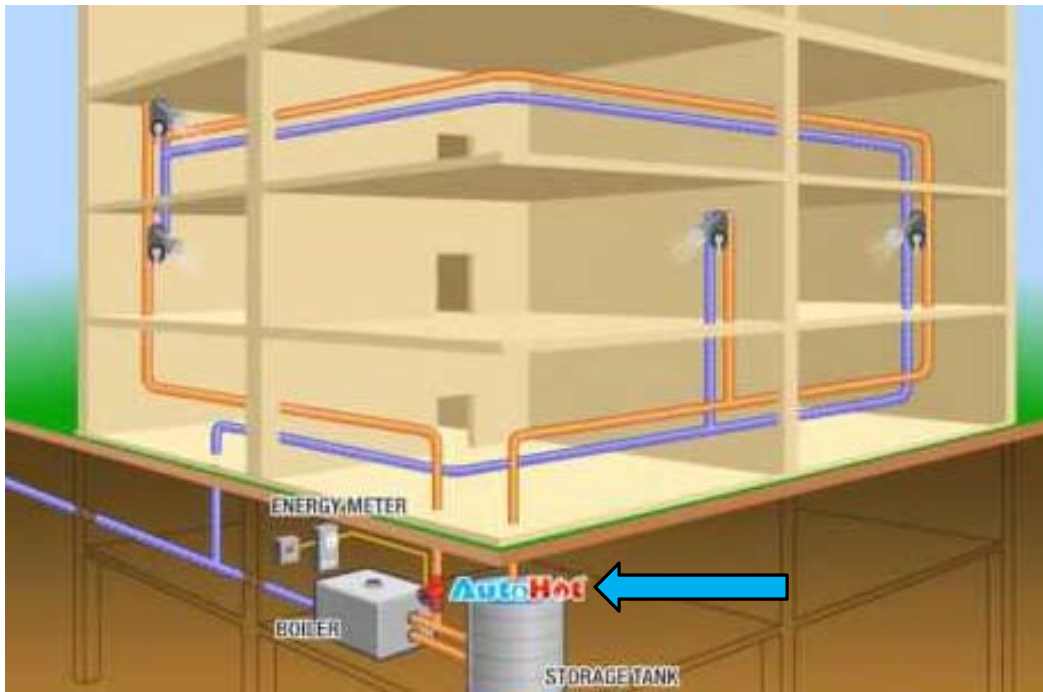


Domestic Hot Water – Large Bldg

DHW pipe insulation reduces unmanaged heat transfer from pipes to living space

Recirculation controls for central system

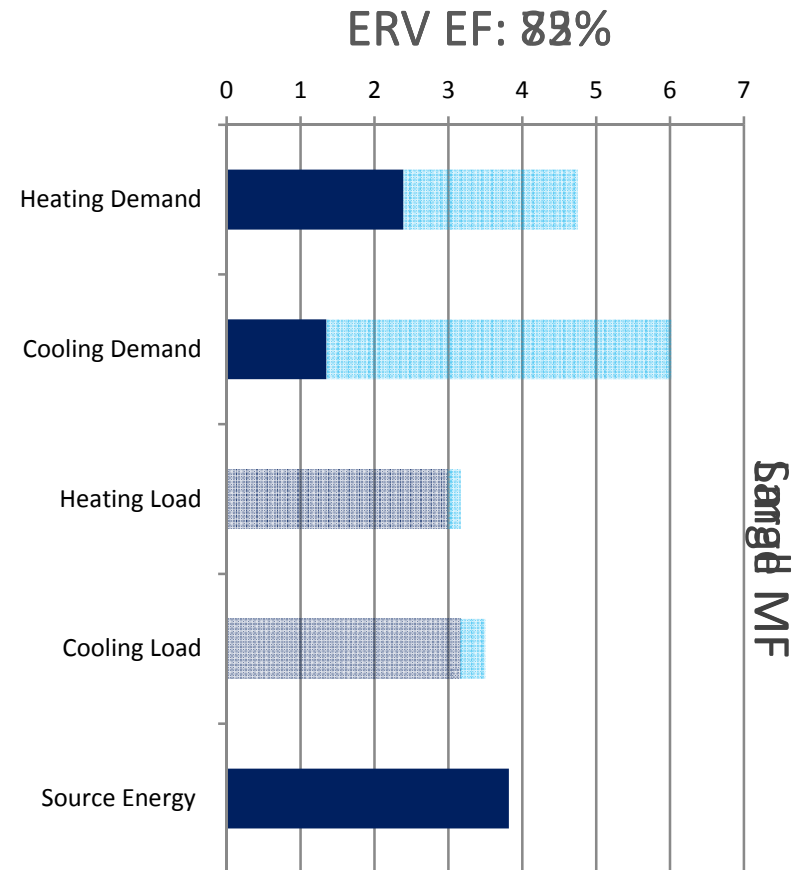
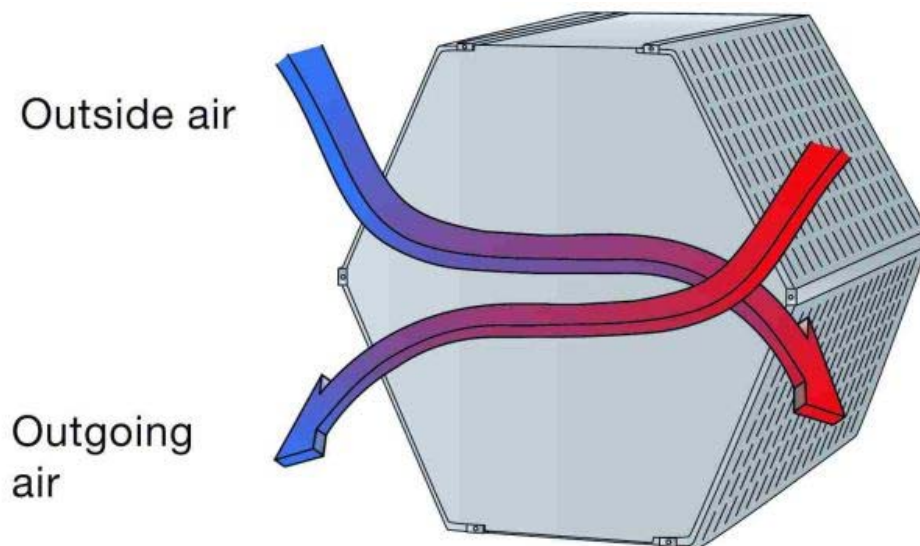
Recirculation controls, 1.5" pipe insulation



Mechanical Ventilation Efficiency

Higher energy recovery efficiency:

- decreases the heating demand
- decreases source-energy usage
- negligible impact on cooling demand

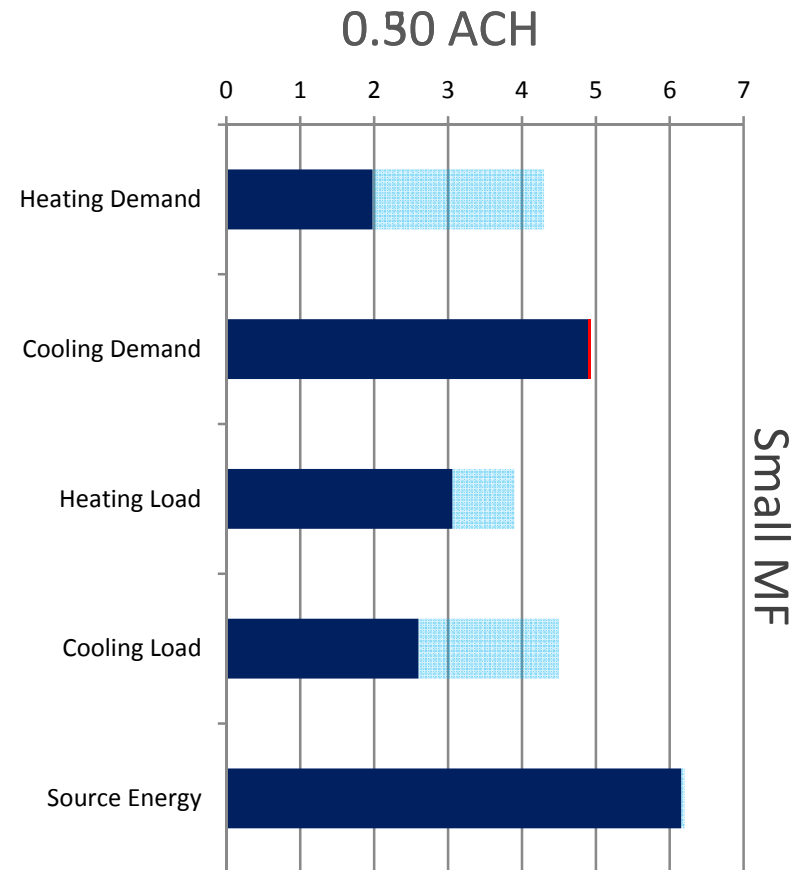
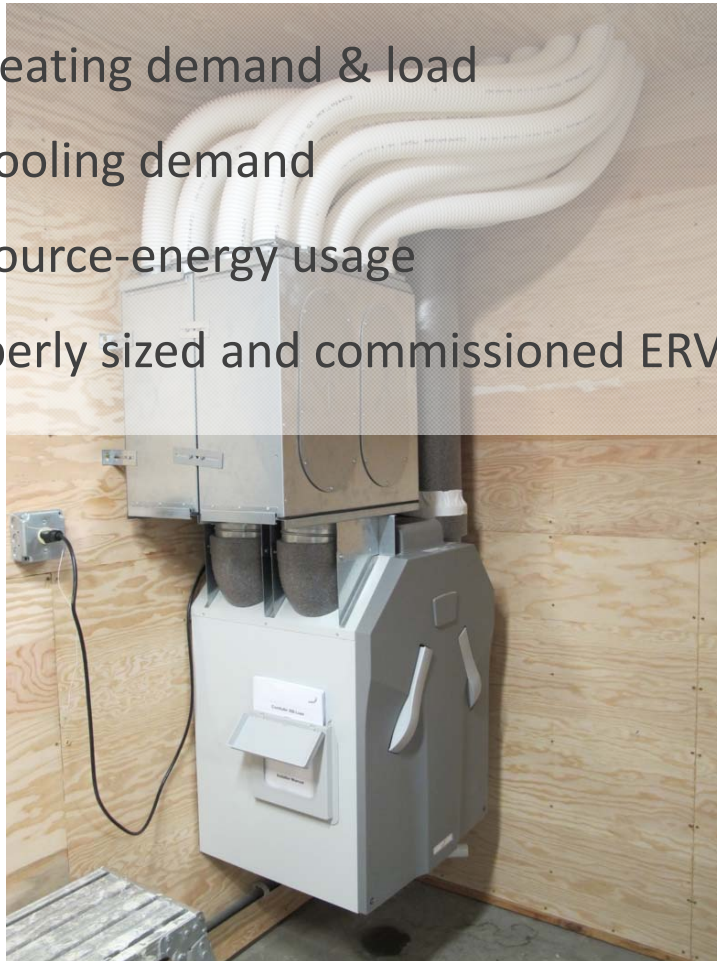


Mechanical Ventilation Rate – Smaller Bldg

Increasing ventilation rate beyond code requirements:

- increases heating demand & load
- increases cooling demand
- increases source-energy usage

→ Use a properly sized and commissioned ERV

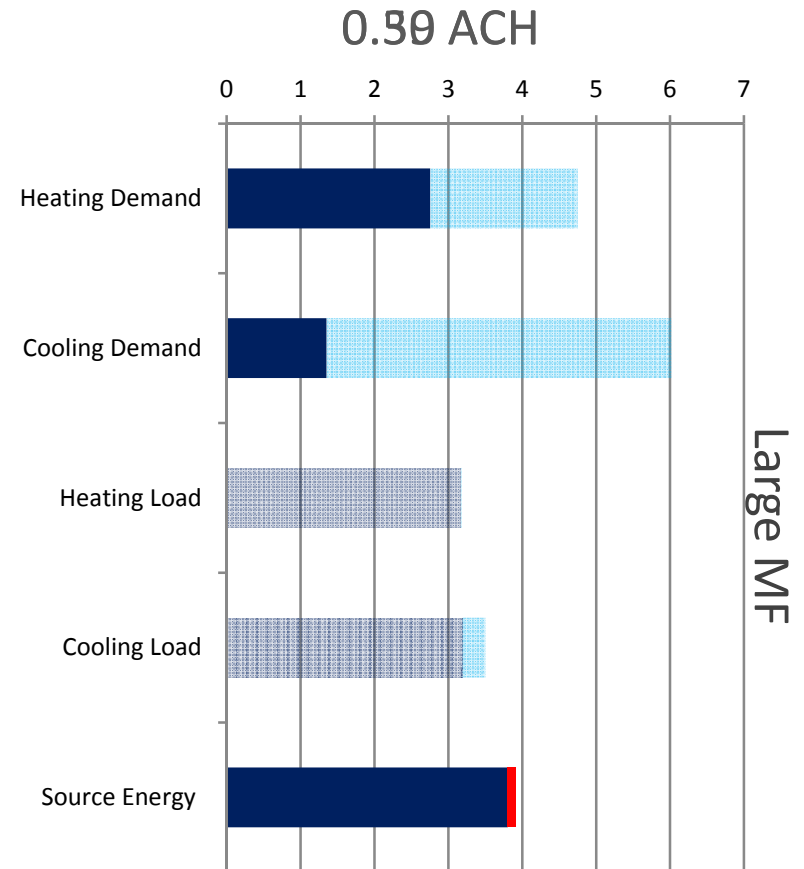


Mechanical Ventilation Rate – Larger Bldg

Increasing ventilation rate beyond code requirements:

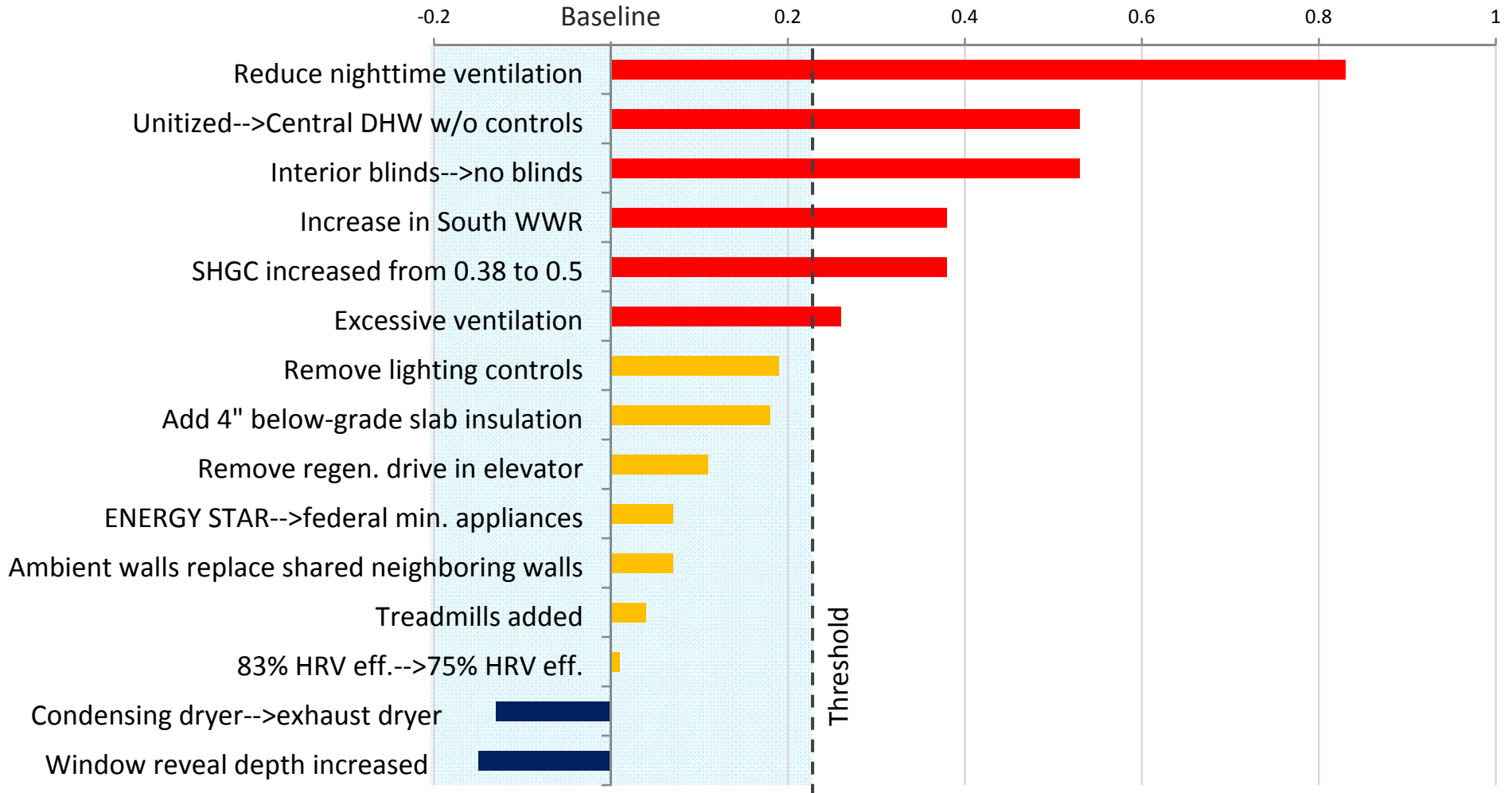
- increases heating demand & load
- slight increase in cooling demand
- increases source-energy usage

→ Use a properly sized and commissioned ERV



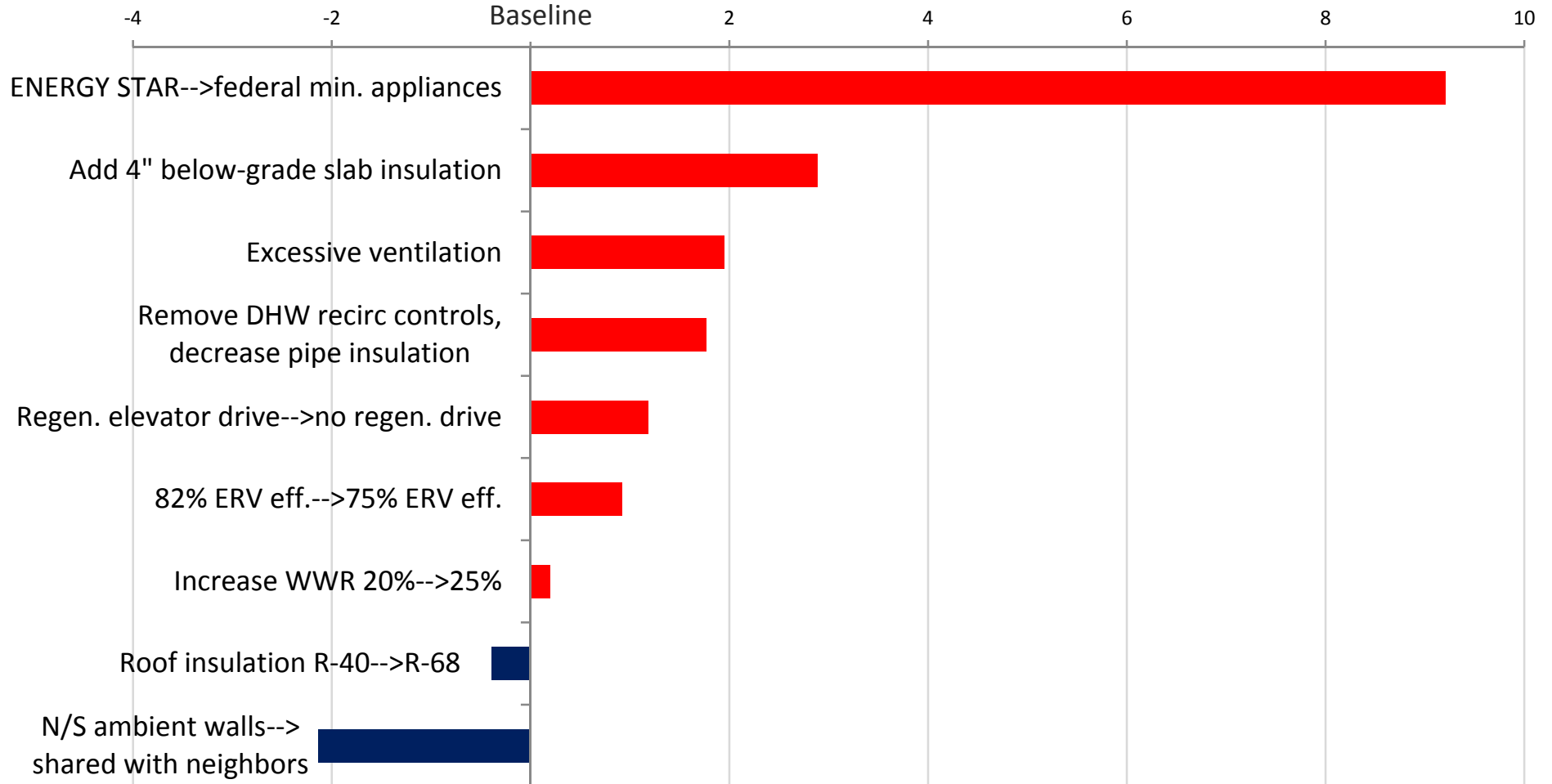
Impact on Cooling Demand (small MF)

Change in cooling demand, compared to baseline PH case (kBtu/sf-yr)



Impact on Source Energy (large MF)

Source energy use, compared to baseline PH case (kBtu/sf-yr)





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